

ATHLETICS



Mission Statement

The mission of the Escuela Americana's Athletic Department is to challenge each student athlete in a supportive bicultural sports environment that promotes self-esteem, discipline, teamwork, sportsmanship and athletic excellence.

Vision

The Escuela Americana will have a well-respected and organized set of Athletic Programs that will:

- Be accessible to all students.
- Reflect the values of the school.
- Generate school's unity and pride.

ATHLETIC DEPARTMENT PHILOSOPHY

The Escuela Americana Athletic Department strives to provide Escuela Americana student/athletes with athletic experiences that will help them mature physically and emotionally into well-rounded individuals.

- We expect our student/athletes to
- Be enthusiastic.
- Be challenged.
- Be disciplined.
- Abide by the rules of the league, contest or tournament.
- Accept victory or defeat graciously.
- Attend all games and team practices on time.
- Behave respectfully and with decorum toward to opponents, fans, and officials.

Escuela Americana's athletes always show pride in being part of the Trojan teams. We expect Trojan student/athletes to excel in sports and in academics. Trojan student/athletes are supported by their parents, who model sportsmanship, and, who encourage the academic/athletic growth in their child.

The red, white and blue team uniform is to be worn with pride as each student/athlete wearing a Trojan uniform represents more than 1600 students, over 300 faculty and staff members, and many friends of Escuela Americana who love the school.

GENERAL INFORMATION

The Escuela Americana Athletic Department provides interscholastic competition in six sports at a variety of levels. The EA athletics program currently sponsors teams in soccer, volleyball, basketball, handball, track and field, and roller hockey. At all times and at all levels, teamwork and sportsmanship are emphasized.

ATHLETIC ELIGIBILITY

All EA student/athletes are expected to be in good academic and social standing in order to qualify for participation in athletic competitions as a representative of the Escuela Americana.

If a student/athlete has academic or behavioral problems, his or her case will be considered individually. The appropriate Division Head will make a decision on the case after consultation with the student/athlete's coach, parents, and the Athletic Director.

CONDUCT ELIGIBILITY

The Administration reserves the right to remove any athlete from participation for poor conduct. It is the responsibility of the Athletic Director and coaching staff to ensure that the eligibility requirements are being met.

COMPETITIONS AND TOURNAMENTS

Teams are divided by gender and ranked by age level. All practices are held after school, some teams meet every day and some three times a week. Every year the following competitions and tournaments are held:

A. T.S.I. (Tri -school Invitational Bilingual Tournament)

Bilingual Schools' competitions, generally the tournament takes place during the first semester. In addition to the sports listed above, students may also compete in Swimming, Gymnastics and Chess. The British School (ABC), Colegio Internacional (CISS) and Escuela Americana sponsor these tournaments. The French and the German Schools are invited to participate along with E.B. Maquilishuat, E. Panamericana and other bilingual schools.

B. Trojan Tournament or Trojan Cup:

This tournament is organized entirely by Escuela Americana; local and bilingual schools are invited to participate. Games are scheduled according to the Trojan teams' needs. Therefore it may take place anytime along the school year and sometimes even in June and July.

C. "Juegos Estudiantiles" (Colegiales)

The Ministry of Education sponsors the "Colegiales Tournament" in May, June and July; some competitions may extend until August and even until September. This is a National Tournament, which features competition against the best schools teams in the country. In some disciplines and in the "17 year-old range" category, the winning teams get to represent El Salvador in Central American competitions (CODICADER).

D. AASCA Tournaments (Association of American Schools in Central America)

Every year at least two the following tournaments are sponsored by the AASCA Schools: Volleyball, Soccer or Basketball. Only varsity teams may participate. Athletes attending tournaments pay all travel expenses, hotels and meals.

COMMUNICATION

Information is sent to parents as part of the "On Line" publication issued by the school. On-Line articles include:

- Recognition to athletes for their accomplishments.
- Information on upcoming sports events.

SPORTS NIGHT

Attendance at the annual Sport's Night plays an essential part in the communication between parents and the Athletic Department. At this assembly, parents have a chance to meet their children's coaches and also to learn about changes in the school's athletic policies. (Very similar to an athlete's "Open House".)

BOOSTER CLUB (TABC) THANKSGIVING DINNER

Each year, the Trojan Athletic Booster Club, acknowledges all student athletes who participated in the Juegos Estudiantiles (Colegiales) with a special t-shirt. All athletes contribute by bringing something for the potluck dinner: sandwiches, sodas, plastic cups and plates, etc. The Athletic Department recognizes the three most outstanding athletes per team: “Most Valuable Player” (MVP), “Most Improved Athlete” (MI) and the “Coach’s Award” (CA). Each head coach determines the award winners for each team.

“TEAM MOMS”

In an attempt to improve athletic information between the parents and the school, such as details regarding future sports events and special activities, the “Team Moms” group has been created. The Athletic Director meets with two moms from each competitive team the first Wednesday of each month. The purpose of these meetings is to improve the communication process between the school, athletes and their families. Information then multiplies itself traveling various ways.

ESCUELA AMERICANA ATHLETIC CODE

CHAPTER I: GENERAL ASPECTS

ARTICLE 1

These expectations apply to all athletes and coaches of the Escuela Americana.

ARTICLE 2

The Athletic Department and coaches are responsible for ensuring that all athletes without exception follow these expectations.

ARTICLE 3

All athletes and coaches belonging to the sports program must fully understand that they represent the Escuela Americana and that they should try at all times to elevate its image, and behave appropriately both on and off the field or court.

CHAPTER II: OBLIGATIONS

ARTICLE 4

All members of Escuela Americana teams are expected to abide by the policies and instructions given by the Escuela Americana Administration, the Athletic Department, and Coaching Staff of the same.

ARTICLE 5

Student/Athlete obligations:

- To maintain good academic and social standing.
- To punctually attend all practice sessions and programmed events. They must strictly observe the schedule established by the Athletic Department and Coaching Staff, regarding the entrance or departure from the place of athletic competition.
- To take care of pinnies, balls, and sports equipment.
- To take care of the school's sport facilities.
- To attend practice with proper practice clothing (shorts, T-shirts, footwear, etc.)
- Whenever possible, injured student/athletes are expected to attend and observe practices and games wearing sports attire or everyday clothes.
- To demonstrate proper behavior and respect towards the School Administration, Athletic Department, Sport Coordinators, the Coaching Staff, team members, officials, adversaries and spectators (fans).
- To turn in a written authorization from their parents or legal guardians in order to ride with the team to the competition sites. Oral permissions obtained from phone calls will not be accepted. A permission slip must be turned in regardless if the team rides in the school buses or in vehicles provided by parents.
- Athletes must ride with the team to games otherwise they will not participate actively in the games.

ARTICLE 6

When a student/athlete belonging to the teams of the E.A. sports program has a complaint, he/she should first approach the Coach, then the Athletic Director, and finally, if necessary, the respective Division Head.

ARTICLE 7

Any person who accompanies or observes students in practices, games or events shall abide by the rules and regulations of the Escuela Americana.

ARTICLE 8

All student/athletes must have accident insurance.

CHAPTER III: Absence from Practices, Permissions

ARTICLE 9

Attendance at practices and games is very important. Absences are taken into consideration for the end of the season evaluation and future team selection. Student athletes must notify their coach beforehand (if possible) regarding an absence from practice.

ARTICLE 10

A student/athlete who, without justified cause, quits his/her team during a tournament will not be allowed to be part of any Escuela Americana team during next season.

ARTICLE 11

A student who is absent from school may not participate in athletics in the same day of their absence.

CHAPTER IV: ABOUT UNIFORMS AND EQUIPMENT**ARTICLE 12**

Only EA approved team uniforms are to be worn when student/athletes are representing the school.

ARTICLE 13

Student athletes from 4th to 12th grade, who are actively enrolled in a competitive team, will have the privilege of wearing tennis shoes, blue jeans and any of the following shirts: P.E. t-shirt, polo shirt or the team's jersey the first Wednesday of each month. This special recognition is known as "Trojan Athlete Appreciation Day".

ARTICLE 14

Athletic equipment and materials are the property of Escuela Americana.

ARTICLE 15

Athletes are required to purchase their team uniforms. Sometimes, uniforms are sponsored by commercial brands approved by the Athletic Director. In order to buy a team uniform, athletes must:

- Attend Escuela Americana team practices regularly.
- Complete tournament participation as an E.A. team member.
- Maintain good standing in the EA athletic program.
- Maintain an exemplary conduct during the work process (practice and/or events in which he/she participates.)
- Demonstrate honor and support the colors of their team and institution.

ARTICLE 16

Should an athlete leave the team (or has been forced to do so) he/she must return in good shape all equipment and materials given to him/her. Failure to do so will result in a replacement fee being assessed.

CHARTER V: SANCTIONS

ARTICLE 17

All members of the E.A. community have the responsibility to report violations of the Athletic Code to the Athletic Director.

ARTICLE 18

Any student/athlete or coach that purposefully violates the Athletic Code or the philosophy of fair competition will be removed from the sport, without the opportunity to join another sport.

ARTICLE 19

Sanctions are based on the severity of the offense and any pattern in violations. Sanctions are also cumulative in effect.

- | | |
|----------------|---|
| First: | Verbal reprimand by the Coaching Staff and oral report to the Athletic Director. |
| Second: | Written report to the Athletic Director and parents will be notified. |
| Third: | Both the student and his/her parents sign a contract that guarantees an improvement on his/her conduct. |
| Fourth: | Removal from the team. |

ARTICLE 20

The Administration and Athletic Director reserve the right to act in the best interest of students and EA at all times.

CHAPTER VI: PROHIBITIONS

ARTICLE 21

The following are forbidden for the Escuela Americana student/athletes before, during, or after a scheduled athletic event.

- Consuming alcoholic beverages
- To smoke, use drugs or stimulants
- The wearing of sports uniforms for non-school sponsored activities
- The wearing of T-shirts with obscene messages, cigarette or liquor brands, or political propaganda
- The utterance of insults, profanity or threats to anyone including team members, referees, or sport authorities
- The driving by student/athletes of themselves, teammates or friends in their own vehicles to the different sport facilities

CHAPTER VII: International Sports Events

ARTICLE 22

In order to be eligible for participation in International sports events, student/ athletes must be in good academic and behavioral standing.

ARTICLE 23

When participating on AASCA sponsored sports events, athletes must abide by host school rules and guidelines.

- AASCA Sports Competitions are generally for Upper School students. Exceptions are made on case-by-case basis for 7th or 8th graders, via appeal to the AASCA Board of Directors or its designated representative(s).
- No student/athlete may leave the host school or hotel without the authorization of the administrator, coach or chaperon responsible for the group.
- All social activities will be done as a team, under the supervision of the administrator, coaches and/or chaperones.
- Student/athletes must follow at all times the instructions and decisions from the coaches, administrators and/or chaperones. The failure to do so may result in suspension from participation, suspension from future participation, or being placed on transportation back to EA for disciplinary action.

ARTICLE 24

There are team selection guidelines for athlete's participation on International Sport Events. The guidelines used are:

A. PROCEDURE

- 1) Parents and players are notified in writing of upcoming tournament and the selection process, including criteria. Parents must sign in agreement of notification and approval for their son/daughter to participate.
- 2) The coach evaluates the following criteria weekly for at least one month before the selection. The ideal duration for this evaluation is two months.
- 3) Students are notified weekly of their scored performance.
- 4) One month before the event the selection process takes places, under the guidance of the Athletic Director, the coach selects players by the average number of points earned. When there is a tie for the last available spot, the students are then selected according to G.P.A. provided by the counseling office. For International Tournaments, team selection is based only upon athletes' performance reflected in the criteria.
- 5) The Athletic Director notifies parents of their son/ daughter's selection status. All selected players are advised of costs, deadlines, paperwork, and selection conditions.
- 6) At the time of their selection, students are warned in writing, that they can be removed from the team should their academic or sports performance drop after the selection. The administration reserves the right to review and act upon individual cases where necessary.

B. CRITERIA

Includes each of the following subcategories under the major areas (responsibility, discipline, sportsmanship, cooperation/effort and technical performance).

The first four categories are evaluated based on the following:

0 = needs improvement 1= satisfactory 2 = excellent

A maximum of 10 points may be earned each day in each area.

1) Responsibility:

- Attends all the team practices.
- Attends all the scheduled games
- Arrives properly dressed before the practice starts
- Arrives at the games at the time scheduled by the coach
- Keeps informed about practices, games, uniform to be worn and other activities related to the team

2) Discipline:

- Maintains positive relationships with the coach, the players and the administrators; behaves courteously towards the referees, the opponents, and the public
- Follows instructions of the coach during practices, games, and tournaments
- Complies with the coach regarding corrections during practices and games
- Issues positive comments and recommendations for the best interest of the team
- Accepts the referee's decisions, even though they might seem unfair

3) Sportsmanship and Cooperation:

- Cooperates with the coach
- Cooperates with teammates
- Maintains friendly relationships with teammates and with coaches
- Athlete plays according to the rules, uses good sportsmanship, accepts wins and losses graciously and thanks the opponents for their participation

4) Effort:

- Complies with the required goals during practice
- Participates actively during practices, tryouts, drills, and games
- Works with the team for the group benefit
- Works with dedication during the games
- Shows a positive attitude towards the practice and the games

The last category will be evaluated based on the following scale:

1 = needs improvement 3= satisfactory 5= excellent

A maximum of 5 points is possible for each subcategory. A maximum of 10 points may be earned each day.

5) Technical Performance:

- Demonstrates the required skill and capacity for the sport in which he/she participates
- Knows correspondent system the team uses during practices or games

SPECIAL ANNOUNCEMENT

Commercial and peer pressure sometimes leads young athletes to make poor choices as they attempt to build up their bodies or improve their athletic abilities. We have received reports of Escuela Americana students using amino acids to load with proteins. Although amino acids are not as dangerous as steroids and other substances, there is a possibility of unhealthy side effects. The position of the Athletic Department of Escuela Americana strongly endorses for athletes to refrain from taking any unnecessary supplements to enhance one's body or athletic ability. We, the coaching staff, advocate a well-rounded natural diet that includes the five basic groups. We urge you, the parents, to encourage your athlete to make healthy choices.

TRACK VENUE USAGE RULES

- Vehicles, roller skates and bikes are not allowed on track.
- Chairs, tables, canopies or soccer goals must never be placed on track surface.
- Please avoid dropping heavy objects on track.
- Chewing gum is off limits while using track.
- Lane one is for competitions only. Lanes #5 and #6 are exclusively for walking.
- Spikes used for races and jumps must have a maximum length of $\frac{1}{4}$ of an inch or 6 mm. Only tennis shoes will be allowed on track. (Avoid cleats & high heels)
- Hammer throw will not be allowed.
- Shot put practices will be held only on the outside soccer field and under the coaches' supervision.
- Javelin and discuss throw only on free field and under coaches' supervision.
- All athletic equipment must be stored daily after use.